We discussed several ionization methods in class including ELECTROSPRAY IONIZATION, or ESI for short. This is an exquisite method that allows one to get systems with molecular weights of up to 5 million (!!) in the gas phase. The big advantage is that that the ions are multiply charged such that even large masses show up at much smaller m/z values! The following text is "scan-OCR'd" from the text by McLafferty.

Electrospray ionization (ESI). Pioneered by Dole (Dole et al. 1971), for ESI a solution of the sample is sprayed at atmospheric pressure through a several kilovolt potential difference toward the differentially pumped entrance to the mass spectrometer (Smith et al. 1992). The resulting droplets are electrostatically charged; as the solvent evaporates, electrostatic repulsion produces smaller and smaller droplets, until the macromolecule is expelled "saturated" with charges (Fenn et al. 1989). Thus a protein can bear a proton for every 5-17 amino acids, yielding peaks at m/z 600-2000 even for 200 kDa proteins (Feng et al. 1991). Similarly, polynucleotides can yield negative ions of such m/z values by losing a proportionate number of protons. This drastically reduced upper limit lor m/zmeasurement makes ESI amenable to most types of mass spectrometers. ESI mass spectra have been measured for molecules as large as 5 x 10⁶ Da (Nohmi and Fenn 1992), and structural information has been obtained from albumin (66 kDa) by tandem mass spectrometry (Loo et al. 1991). Using Fourier transform (ICR) mass spectrometry (Section 1.3), ESI spectra of myoglobin (17 kDa) show 900,000 resolving power and < 0.001 Da mass-measuring errors (Beu et al. 1993).

I suggest you read the paper by Nohmi & Fenn: Nohmi, T.; Fenn, J. B. J. Am. Chem. Soc. 1992, 114, 3241-3246. Enjoy!